



**Road Running Technical Council
USA Track & Field**

Measurement Certificate



Name of the course 2023 Moms on the Run 5K Distance 5 km

Location (state) NH (city) Dover

Type of course: Road Race

Measuring Methods: Bicycle

Measured By Bob Kennedy - 18 Riverview Road - Durham, NH 03824 - (508) 577-4105 - osprey02554@yahoo.com

Race Contact Curtis Hines - Zebra Crossing, PO Box 411. Dover, NH 03821 - 603-312-2052 - curtis@zebra-crossings.org

Date(s) when course measured: 04/26/2023

Number of measurements of entire course: 2 Course Configuration: keyhole (out/loop/back)

Elevation (meters above sea level) Start 28.00 Finish 28.00 Lowest 18 Highest 36

Straight line distance between start and finish 0.0 m Drop 0.00 m/km Separation 0.00 %

Type of surface: Paved 100.0% Dirt 0.0 % Gravel 0.0 % Grass 0.0 % Track 0.0 %

Effective date of certification: May 2, 2023 Certification code: NH23004BK

Note to Race Director: Use this Certification Code in all public announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If any changes are made to the course, this certification becomes void, and the course must then be recertified.

Verification of Course --- In the event a National Open Record is set on the course, or at the discretion of USA Track & Field, a verification measurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 of the year: **2033**

AS NATIONALLY CERTIFIED BY:

Date: May 2, 2023

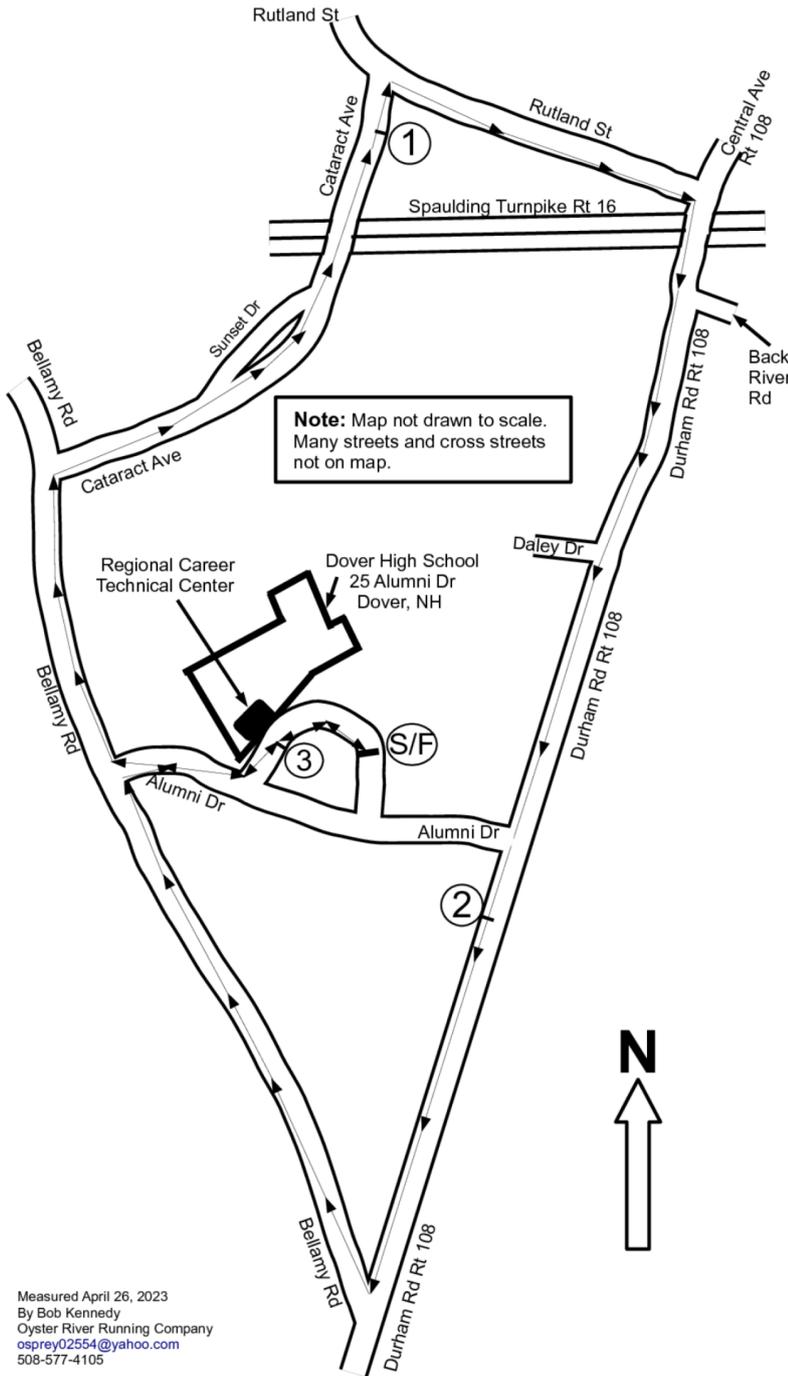
Bob Kennedy - USATF/RRTC Certifier - 18 Riverview Road, Durham NH 03824
(508) 577-4105 - osprey02554@yahoo.com

2023 Moms on the Run 5K Dover, New Hampshire



USATF Certificate
NH23004BK
Effective: 05/02/2023
Through: 12/31/2033

Note: This course was measured using the full width of the road and the Shortest Possible Route (SPR).



Start/Finish & Miles are marked with a Yellow Paint.

Start/Finish: On the east side of the Dover High School (25 Alumni Dr) parking lot on the inner or west side of the loop driveway, in the middle of the east exit to the second tier of parking spaces in the school parking lot. Start is 9 ft S of the south end of the second island curb and 19 ft 7 inches N of the north end of the third island curb. Opposite baseball batting cage.

Mile 1: On east side of Cataract Ave 53 ft S of the entrance to McIntosh Commons (23 Cataract Ave) on opposite side, & 38 ft N of a Storm Drain on same side.

Mile 2: On west side of Durham Rd 28 ft N of a house driveway for 113 Durham Rd, & 71 ft S of the Sign for "Garrison City Family Childhood Center" located at 105 Durham Rd. And across from the south edge of the driveway for 102 Durham Rd.

Mile 3: In front of the Regional Career Technical Center in the middle of the loop driveway and 21 ft 10 inches S of the crosswalk to the front door of the Technical Center.

Start/Finish (S/F) Detail

